

**ABSTRACT:**

Device and method to selectively place desired stuffing into food items such as tenderloin, fish fillet, chicken breast or other food items, which are deemed stuffable. A kit of parts, consisting of at least but not limited to two substantially flat rollable sheets that are of the desired lengths, widths and thickness, a number of push rods of desired lengths and diameters. A method that utilizes said components in an efficient process that allows a chef to enhance a foods flavor, appearance and nutritional value.